



中藥考試大綱

自 2020 年 1 月 1 日起生效

考生注意：對符合 NCCAOM 報考資格的考生，本文件可作為備考指南。下面是關於中藥學考試的內容大綱，同時也是對考生專業能力的要求。

第一部分：中藥安全與質量（考題的 10%）

A. 中草藥和草藥配方的安全性

1. 草藥和草藥配方的注意事項和禁忌症
 - a. 識別草藥和草藥配方的注意事項和禁忌症（例如過敏、關於辯證）
2. 草藥，補品和西藥相互作用
 - a. 識別潛在的草藥，補品和西藥相互作用
 - b. 應用策略避免草藥，補品和西藥之間的相互作用
3. 不良反應和毒性
 - a. 確定草藥和草藥配方的潛在毒性
 - b. 用策略預防草藥和草藥配方的毒性
 - c. 確定加工草藥對功效和毒性的影響
 - d. 確定有毒或產生不良影響的草藥組合（例如十八反、十九畏）

B. 中草藥和配方的質量控制

1. 根據外觀，氣味和味道識別生草藥的質量
2. 對含有過時物質（例如瀕危物種）、動物、過敏原的中藥、方劑及中成藥的替代品
3. 選擇並開出符合良好生產標準的產品製造商（cGMP）的原料和預製草藥和配方
4. 根據最佳做法和 FDA 要求（例如，溫度，濕度，有效期）存儲，分配和庫存中藥以及中成藥和配方
5. 識別存儲的中藥以及中成藥和配方污染的跡象



第二部分：治療計劃和策略（考題的 70%）

A. 中藥治療

1. 中藥（請參閱附錄 A：中草藥）

a. 草藥特性

- i. 識別每種草藥的特徵（四氣五味，升降浮沉，歸經）
- ii. 根據治療類別識別草藥

b. 功效與主治

c. 辯別每種草藥的功效與主治

- i. 識別加工（泡製）（例如蜜製、炒）對草藥的功效與主治的影響
- ii. 根據出現的症狀和體徵為患者塗抹/開藥

d. 對藥

- i. 識別常見草藥對的功效與主治
- ii. 根據出現的症狀和體徵為患者塗抹/開藥

e. 治療策略

- i. 使用草藥的治療策略，原理和方法（例如補法，和法，汗法）來選擇草藥以實現特定的治療策略

2. 中醫方劑（請參閱附錄 B：中醫方劑附錄）

a. 配料

- i. 確定中醫方劑配方的成分
- ii. 確定中醫方劑配方中單個成分的替代品
- iii. 應用策略結合單個草藥以創建中醫方劑配方
- iv. 識別中醫方劑配方中成分的協同關係

b. 中醫方劑配方結構

- i. 在中醫方劑中識別和分析結構（例如君、臣）

c. 功效與主治

- i. 識別中醫方劑配方的功效與主治



- ii. 根據患者評估申請/開出草藥配方
- d. 治療策略
 - i. 使用中醫方劑的治療策略，原理和方法（例如補法，和法，汗法）來選擇配方，以實現特定的治療策略
 - ii. 根據患者評估修改規定的中醫方劑（例如體徵，症狀，體質）
- B. 中藥劑型與服法
 - 1. 劑型（例如湯劑、生藥、丸劑、顆粒劑、外用）
 - a. 根據劑型區分和應用草藥和配方
 - b. 展示對外服應用技術的知識（例如灰泥、藥膏、浸泡）
 - 2. 具體的湯劑法
 - a. 應用特定的湯劑法來準備草藥和中藥配方（例如在末尾添加、預煎、用粗棉布包）
 - 3. 草藥和配方的劑量
 - a. 應用常見劑量的草藥和配方
 - b. 確定劑量對治療效果和毒性的影響
- C. 中国食疗
 - 1. 根據中醫理論識別食品的性味，功效和主治
 - 2. 根據中醫理論指導病人運用食療

第三部分：病人管理（考題的 20%）

- A. 病人管理
 - 1. 評估中藥對患者的適用性
 - 2. 評估患者是否可以通過其他方式更好地服務（例如生物醫學，針灸，心理治療）
- B. 病人教育
 - 1. 告知患者中藥治療的益處和期望
 - 2. 告知患者中藥治療的潛在不良反應和風險
 - 3. 向患者建議草藥和配方的製備和給藥方法



C. 治療效果評估及其調整

1. 評估中藥療法的有效性
2. 監測患者對中藥治療的不良反應
3. 與藥物和補品組合時監測中藥治療的效果
4. 根據患者對中藥治療的反應評估和修改治療計劃



附錄 A: 中草藥

請注意：考試將側重於（但不限於）以下所列的各種草藥。不在此列表中的單個草藥可能仍會作為乾擾因素出現在檢查中（錯誤答案）。考生還應負責熟悉內容大綱中提到的所有單個草藥。

- 艾葉 Ai Ye (*Artemisiae Argyi Folium*)
- 巴戟天 Ba Ji Tian (*Morindae officinalis Radix*)
- 百部 Bai Bu (*Stemonae Radix*)
- 白扁豆 Bai Bian Dou (*Lablab Semen album*)
- 白豆蔻 Bai Dou Kou (*Amomi Fructus Rotundus*)
- 白果 Bai Guo (*Ginkgo Semen*)
- 百合 Bai He (*Lilii Bulbus*)
- 白花蛇 Bai Hua She (*Agkistrodon/Bungarus*)
- 白花蛇舌草 Bai Hua She She Cao (*Oldenlandiae Herba*)
- 白及 Bai Ji (*Bletillae Rhizoma*)
- 敗醬草 Bai Jiang Cao (*Patriniae Herba*)
- 白芥子 Bai Jie Zi (*Sinapis Semen*)
- 白茅根 Bai Mao Gen (*Imperatae Rhizoma*)
- 白前 Bai Qian (*Cynanchi stauntonii Rhizoma*)
- 白芍 Bai Shao (*Paeoniae Radix alba*)
- 白头翁 Bai Tou Weng (*Pulsatillae Radix*)
- 白薇 Bai Wei (*Cynanchi atrati Radix*)
- 白鮮皮 Bai Xian Pi (*Dictamni Cortex*)
- 白芷 Bai Zhi (*Angelicae dahuricae Radix*)
- 白朮 Bai Zhu (*Atractylodis macrocephalae Rhizoma*)
- 柏子仁 Bai Zi Ren (*Platycladi Semen*)
- 板藍根 Ban Lan Gen (*Isatidis/Baphicacanthis Radix*)
- 半夏 Ban Xia (*Pinelliae Rhizoma*)
- 筳菱 Bi Ba (*Piperis longi Fructus*)
- 萆薢 Bi Xie (*Dioscoreae hypoglaucae Rhizoma*)
- 扁蓄 Bian Xu (*Polygoni avicularis Herba*)
- 鳖甲 Bie Jia (*Trionycis Carapax*)
- 薄荷 Bo He (*Menthae haplocalycis Herba*)
- 補骨脂 Bu Gu Zhi (*Psoraleae Fructus*)
- 蒼耳子 Cang Er Zi (*Xanthii Fructus*)
- 蒼朮 Cang Zhu (*Atractylodis Rhizoma*)
- 草豆蔻 Cao Dou Kou (*Alpiniae katsumadai Semen*)



- 草果 Cao Guo (Tsaoko Fructus)
- 草烏 Cao Wu (Aconiti kusnezoffii Radix)
- 側柏葉 Ce Bai Ye (Platycladi Cacumen)
- 柴胡 Chai Hu (Bupleuri Radix)
- 蟬蛻 Chan Tui (Cicadae Periostracum)
- 車前子 Che Qian Zi (Plantaginis Semen)
- 陳皮 Chen Pi (Citri reticulatae Pericarpium)
- 陳香 Chen Xiang (Aquilariae Lignum resinatum)
- 赤芍 Chi Shao (Paeoniae Radix rubra)
- 赤石脂 Chi Shi Zhi (Halloysitum rubrum)
- 川貝母 Chuan Bei Mu (Fritillariae cirrhosae Bulbus)
- 川棟子 Chuan Lian Zi (Toosendan Fructus)
- 川牛膝 Chuan Niu Xi (Cyathulae Radix)
- 川芎 Chuan Xiong (Chuanxiong Rhizoma)
- 椿皮 Chun Pi (Ailanthi Cortex)
- 刺蒺藜 Ci Ji Li (Tribuli Fructus)
- 磁石 Ci Shi (Magnetitum)
- 大腹皮 Da Fu Pi (Arecae Pericarpium)
- 大黃 Da Huang (Rhei Radix et Rhizoma)
- 大蓟 Da Ji (Herba seu Radix Cirsii Japonici)
- 大棗 Da Zao (Jujubae Fructus)
- 代赭石 Dai Zhe Shi (Haematitum)
- 淡豆豉 Dan Dou Chi (Sojae Semen preparatum)
- 胆南星 Dan Nan Xing (Arisaema Rhizoma cum Bile)
- 丹參 Dan Shen (Salviae miltiorrhizae Radix)
- 淡竹葉 Dan Zhu Ye (Lophateri Herba)
- 當歸 Dang Gui (Angelicae sinensis Radix)
- 黨參 Dang Shen (Codonopsis Radix)
- 燈心草 Deng Xin Cao (Junci Medulla)
- 地膚子 Di Fu Zi (Kochiae Fructus)
- 地骨皮 Di Gu Pi (Lycii Cortex)
- 地龍 Di Long (Pheretima)
- 地榆 Di Yu (Sanguisorbae Radix)
- 丁香 Ding Xiang (Caryophylli Flos)
- 冬蟲夏草 Dong Chong Xia Cao (Cordyceps)
- 冬瓜子 Dong Gua Zi (Benincasae Semen)
- 冬葵子 Dong Kui Zi (Malvae Fructus)
- 獨活 Du Huo (Angelicae pubescentis Radix)
- 杜仲 Du Zhong (Eucommiae Cortex)



- 阿膠 E Jiao (Asini Corii Colla)
- 莪朮 E Zhu (Curcumae Rhizoma)
- 番瀉葉 Fan Xie Ye (Sennae Folium)
- 防風 Fang Feng (Saposhnikoviae Radix)
- 佛手 Fo Shou (Citri sarcodactylis Fructus)
- 茯苓 Fu Ling (Poria)
- 覆盆子 Fu Pen Zi (Rubi Fructus)
- 茯神 Fu Shen (Poriae Sclerotium paradicis)
- 浮小麥 Fu Xiao Mai (Tritici Fructus Levis)
- 附子 Fu Zi (Aconiti Radix lateralis)
- 甘草 Gan Cao (Glycyrrhizae Radix)
- 乾薑 Gan Jiang (Zingiberis Rhizoma)
- 藁本 Gao Ben (Ligustici Rhizoma)
- 高良薑 Gao Liang Jiang (Alpiniae officinarum Rhizoma)
- 葛根 Ge Gen (Puerariae Radix)
- 狗脊 Gou Ji (Cibotii Rhizoma)
- 枸杞子 Gou Qi Zi (Lycii Fructus)
- 鈎藤 Gou Teng (Uncariae Ramulus cum Uncus)
- 骨碎補 Gu Sui Bu (Drynariae Rhizoma)
- 穀芽 Gu Ya (Setariae Fructus germinatus)
- 瓜蒌 Gua Lou (Trichosanthis Fructus)
- 瓜蒌皮 Gua Lou Pi (Trichosanthis Pericarpium)
- 瓜蒌仁 Gua Lou Ren (Trichosanthis Semen)
- 龜板 Gui Ban (Testudinis Plastris)
- 龜板膠 Gui Ban Jiao (Testudinis Plastris Colla)
- 桂枝 Gui Zhi (Cinnamomi Ramulus)
- 海螵蛸 Hai Piao Xiao (Sepia Endoconcha)
- 海桐皮 Hai Tong Pi (Erythrinae Cortex)
- 海藻 Hai Zao (Sargassum)
- 漢防己 Han Fang Ji (Stephaniae tetrandrae Radix)
- 旱蓮草 Han Lian Cao (Ecliptae Herba)
- 合歡皮 He Huan Pi (Albiziae Cortex)
- 何首烏 He Shou Wu (Polygoni multiflori Radix)
- 荷葉 He Ye (Nelumbinis Folium)
- 訶子 He Zi (Chebulae Fructus)
- 黑芝麻 Hei Zhi Ma (Sesami Semen nigrum)
- 紅花 Hong Hua (Carthami Flos)
- 厚朴 Hou Po (Magnoliae officinalis Cortex)
- 胡椒 Hu Jiao (Piperis Fructus)



- 核桃仁 He Tao Ren (Juglandis Semen)
- 花椒 Hua Jiao (Zanthoxyli Pericarpium)
- 滑石 Hua Shi (Talcum)
- 槐米 Huai Mi (Sophorae Flos immaturus)
- 懷牛膝 Huai Niu Xi (Achyranthis bidentatae Radix)
- 黃柏 Huang Bai (Phellodendri Cortex)
- 黃精 Huang Jing (Polygonati Rhizoma)
- 黃蓮 Huang Lian (Coptidis Rhizoma)
- 黃芪 Huang Qi (Astragali Radix)
- 黃芩 Huang Qin (Scutellariae Radix)
- 火麻仁 Huo Ma Ren (Cannabis Semen)
- 藿香 Huo Xiang (Pogostemonis/Agastaches Herba)
- 雞內金 Ji Nei Jin (Gigeriae galli Endothelium corneum)
- 雞血藤 Ji Xue Teng (Spatholobi Caulis)
- 姜黃 Jiang Huang (Curcumae longae Rhizoma)
- 薑黃 Jie Geng (Platycodi Radix)
- 金銀花 Jin Yin Hua (Lonicerae Flos)
- 金櫻子 Jin Ying Zi (Rosae laevigatae Fructus)
- 荊芥 Jing Jie (Schizonepetae Herba)
- 粳米 Jing Mi (Oryzae Semen)
- 橘紅 Ju Hong (Citri reticulatae Exocarpium rubrum)
- 菊花 Ju Hua (Chrysanthemi Flos)
- 決明子 Jue Ming Zi (Cassia Semen)
- 苦參 Ku Shen (Sophorae flavescentis Radix)
- 款冬花 Kuan Dong Hua (Farfarae Flos)
- 萊菔子 Lai Fu Zi (Raphani Semen)
- 連翹 Lian Qiao (Forsythia Fructus)
- 蓮鬚 Lian Xu (Nelumbinis Stamen)
- 蓮子 Lian Zi (Nelumbinis Semen)
- 龍膽草 Long Dan Cao (Gentianae Radix)
- 龍骨 Long Gu (Fossilia Osis Mastodi)
- 龍眼肉 Long Yan Rou (Longan Arillus)
- 綠豆 Lu Dou (Phaseoli Semen)
- 蘆根 Lu Gen (Phragmitis Rhizoma)
- 蘆薈 Lu Hui (Aloe)
- 鹿角膠 Lu Jiao Jiao (Cervi Cornus Colla)
- 鹿茸 Lu Rong (Cervi Cornu pantotrichum)
- 馬勃 Ma Bo (Lasiosphaera/Calvatia)
- 麻黃 Ma Huang (Ephedrae Herba)
- 麥門冬 Mai Men Dong (Ophiopogonis Radix)
- 麥芽 Mai Ya (Hordei Fructus germinatus)



- 蔓荆子 Man Jing Zi (Viticis Fructus)
- 芒硝 Mang Xiao (Natrii Sulfas)
- 玫瑰花 Mei Gui Hua (Rosae rugosae Flos)
- 沒藥 Mo Yao (Myrrha)
- 牡丹皮 Mu Dan Pi (Moutan Cortex)
- 木瓜 Mu Gua (Chaenomelis Fructus)
- 牡蠣 Mu Li (Ostreae Concha)
- 木通 Mu Tong (Akebiae Caulis)
- 木香 Mu Xiang (Aucklandiae Radix)
- 木賊 Mu Zei (Equiseti hiemalis Herba)
- 牛蒡子 Niu Bang Zi (Arctii Fructus)
- 牛黃 Niu Huang (Bovis Calculus)
- 女貞子 Nu Zhen Zi (Ligustri Lucidi Fructus)
- 藕節 Ou Jie (Nelumbinis Nodus Rhizomatis)
- 炮薑 Pao Jiang (Zingiberis Rhizoma preparatum)
- 枇杷葉 Pi Pa Ye (Eriobotryae Folium)
- 蒲公英 Pu Gong Ying (Taraxaci Herba)
- 蒲黃 Pu Huang (Typhae Pollen)
- 茜草 Qian Cao (Rubiae Radix)
- 前胡 Qian Hu (Peucedani Radix)
- 芡實 Qian Shi (Euryales Semen)
- 羌活 Qiang Huo (Notopterygii Rhizoma Seu Radix)
- 秦艽 Qin Jiao (Gentianae macrophyllae Radix)
- 秦皮 Qin Pi (Fraxini Cortex)
- 青皮 Qing Pi (Citri reticulatae viride Pericarpium)
- 青蒿 Qing Hao (Artemisiae annuae Herba)
- 瞿麥 Qu Mai (Dianthi Herba)
- 人參 Ren Shen (Ginseng Radix)
- 肉蓯蓉 Rou Cong Rong (Cistanches Herba)
- 肉豆蔻 Rou Dou Kou (Myristicae Semen)
- 肉桂 Rou Gui (Cinnamomi Cortex)
- 乳香 Ru Xiang (Olibanum)
- 三棱 San Leng (Sparganii Rhizoma)
- 三七 San Qi (Notoginseng Radix)
- 桑白皮 Sang Bai Pi (Mori Cortex)
- 桑寄生 Sang Ji Sheng (Taxilli Herba)
- 桑螵蛸 Sang Piao Xiao (Mantidis Ootheca)
- 桑椹 Sang Shen (Mori Fructus)
- 桑葉 Sang Ye (Mori Folium)
- 桑枝 Sang Zhi (Mori Ramulus)



- 砂仁 Sha Ren (Amomi Fructus)
- 沙参 Sha Shen (Glehniae/Adenophorae Radix)
- 沙苑蒺藜 Sha Yuan Ji Li (Astragali complanati Semen)
- 山豆根 Shan Dou Gen (Sophorae tonkinensis Radix)
- 山药 Shan Yao (Dioscoreae Rhizoma)
- 山楂 Shan Zha (Crataegi Fructus)
- 山茱萸 Shan Zhu Yu (Corni Fructus)
- 蛇床子 She Chuang Zi (Cnidii Fructus)
- 射干 She Gan (Belamcandae Rhizoma)
- 神曲 Shen Qu (Massa medicata Fermantata)
- 生地黄 Sheng Di Huang (Rehmanniae Radix)
- 生薑 Sheng Jiang (Zingiberis Rhizoma recens)
- 生薑皮 Sheng Jiang Pi (Zingiberis Rhizomatis Cortex)
- 升麻 Sheng Ma (Cimicifugae Rhizoma)
- 石菖蒲 Shi Chang Pu (Acori tatarinowii Rhizoma)
- 石膏 Shi Gao (Gypsum fibrosum)
- 石斛 Shi Hu (Dendrobii Herba)
- 石决明 Shi Jue Ming (Haliotidis Concha)
- 石韋 Shi Wei (Pyrrosiae Folium)
- 熟地黄 Shu Di Huang (Rehmanniae Radix preparata)
- 水牛角 Shui Niu Jiao (Bubali Cornu)
- 酸棗仁 Suan Zao Ren (Ziziphi spinosae Semen)
- 鎖陽 Suo Yang (Cynomorii Herba)
- 太子參 Tai Zi Shen (Pseudostellariae Radix)
- 檀香 Tan Xiang (Santi albi Lignum)
- 桃仁 Tao Ren (Persicae Semen)
- 天花粉 Tian Hua Fen (Trichosanthis Radix)
- 天麻 Tian Ma (Gastrodiae Rhizoma)
- 天门冬 Tian Men Dong (Asparagi Radix)
- 天南星 Tian Nan Xing (Arisaematis Rhizoma)
- 通草 Tong Cao (Tetrapanacis Medulla)
- 土茯苓 Tu Fu Ling (Smilacis glabrae Rhizoma)
- 菟丝子 Tu Si Zi (Cuscutae Semen)
- 王不留行 Wang Bu Liu Xing (Vaccariae Semen)
- 威靈仙 Wei Ling Xian (Clematidis Rhizoma)



- 五加皮 Wu Jia Pi (Acanthopanax Cortex)
- 烏梅 Wu Mei (Mume Fructus)
- 烏梅子 Wu Wei Zi (Schisandrae Fructus)
- 烏藥 Wu Yao (Linderae Radix)
- 吳茱萸 Wu Zhu Yu (Evodiae Fructus)
- 豨薟草 Xi Xian Cao (Siegesbeckiae Herba)
- 西洋參 Xi Yang Shen (Panacis Quinquefolii Radix)
- 夏枯草 Xia Ku Cao (Prunellae Spica)
- 仙鶴草 Xian He Cao (Agrimoniae Herba)
- 仙茅 Xian Mao (Curculiginis Rhizoma)
- 香附 Xiang Fu (Cyperis Rhizoma)
- 香薷 Xiang Ru (Moslae Herba)
- 小茴香 Xiao Hui Xiang (Foeniculi Fructus)
- 小薊 Xiao Ji (Cirsii Herba)
- 薤白 Xie Bai (Allii macrostemi Bulbus)
- 辛夷花 Xin Yi Hua (Magnoliae Flos)
- 杏仁 Xing Ren (Armeniaca Semen)
- 續斷 Xu Duan (Dipsaci Radix)
- 旋覆花 Xuan Fu Hua (Inulae Flos)
- 玄參 Xuan Shen (Scrophulariae Radix)
- 延胡索 Yan Hu Suo (Corydalis Rhizoma)
- 夜交藤 Ye Jiao Teng (Polygoni multiflori Caulis)
- 野菊花 Ye Ju Hua (Chrysanthemi indicis Flos)
- 益母草 Yi Mu Cao (Leonuri Herba)
- 饴糖 Yi Tang (Maltosum)
- 薏苡仁 Yi Yi Ren (Coicis Semen)
- 益智仁 Yi Zhi Ren (Alpiniae oxyphyllae Fructus)
- 茵陳 Yin Chen (Artemisiae scopariae Herba)
- 淫羊藿 Yin Yang Huo (Epimedii Herba)
- 鬱金 Yu Jin (Curcumae Radix)
- 魚腥草 Yu Xing Cao (Houttuyniae Herba)
- 遠志 Yuan Zhi (Polygalae Radix)
- 澤蘭 Ze Lan (Lycopi Herba)
- 澤瀉 Ze Xie (Alismatis Rhizoma)
- 浙貝母 Zhe Bei Mu (Fritillariae thunbergii Bulbus)
- 珍珠 Zhen Zhu (Margarita)
- 炙甘草 Zhi Gan Cao (Glycyrrhizae Radix preparata)
- 枳殼 Zhi Ke (Aurantii Fructus)
- 知母 Zhi Mu (Anemarrhenae Radix)



- 枳实 Zhi Shi (Aurantii Fructus immaturus)
- 栀子 Zhi Zi (Gardeniae Fructus)
- 猪苓 Zhu Ling (Polyporus)
- 竹茹 Zhu Ru (Bambusae Caulis in taeniam)
- 紫蘇葉 Zi Su Ye (Perillae Folium)
- 紫蘇子 Zi Su Zi (Perillae Fructus)
- 紫菀 Zi Wan (Asteris Radix)



附錄 B: 中醫方劑附錄

請注意：考試將側重於但不限於以下所列的草藥配方。不在此列表中的公式可能仍會在考試中顯示為乾擾因素（錯誤答案）。考生還應負責熟悉內容概述中提到的所有公式。

- 八珍湯 Ba Zhen Tang (Eight-Treasure Decoction)
- 八正散 Ba Zheng San (Eight-Herb Powder for Rectification)
- 百合固金湯 Bai He Gu Jin Tang (Lily Bulb Decoction to Preserve the Metal)
- 白虎湯，（白虎汤) Bai Hu Tang (White Tiger Decoction)
- 白頭翁湯（白头翁汤) Bai Tou Weng Tang (Pulsatilla Decoction)
- 半夏白朮天麻湯 Ban Xia Bai Zhu Tian Ma Tang (Pinellia, Atractylodis Macrocephalae, and Gastrodia Decoction)
- 半夏厚朴湯 Ban Xia Hou Po Tang (Pinellia and Magnolia Bark Decoction)
- 半夏瀉心湯 Ban Xia Xie Xin Tang (Pinellia Decoction to Drain the Epigastrium)
- 保和丸 Bao He Wan (Preserve Harmony Pill)
- 貝母栝樓散 Bei Mu Gua Lou San (Fritillaria and Trichosanthes Fruit Powder)
- 萆薢分清飲 Bi Xie Fen Qing Yin (Dioscorea Hypoglauca Decoction to Separate the Clear)
- 補陽還五湯 Bu Yang Huan Wu Tang (Tonify the Yang to Restore Five (Tenths) Decoction)
- 補中益氣湯 Bu Zhong Yi Qi Tang (Tonify the Middle and Augment the Qi Decoction)
- 蒼耳子散 Cang Er Zi San (Xanthium Powder)
- 柴葛解肌湯 Chai Ge Jie Ji Tang (Bupleurum and Kudzu Decoction)
- 柴胡疏肝散 Chai Hu Shu Gan San (Bupleurum Powder to Spread the Liver)
- 川芎茶調散 Chuan Xiong Cha Tiao San (Ligusticum Chuanxiong Powder to be Taken with Green Tea)
- 大補陰丸 Da Bu Yin Wan (Great Tonify the Yin Pill)
- 大柴胡湯 Da Chai Hu Tang (Major Bupleurum Decoction)
- 大承氣湯 Da Cheng Qi Tang (Major Order the Qi Decoction)



- 大建中湯 Da Jian Zhong Tang (Major Construct the Middle Decoction)
- 大黃牡丹湯 Da Huang Mu Dan Tang (Rhubarb and Moutan Decoction)
- 丹參飲 Dan Shen Yin (Salvia Drink)
- 當歸補血湯 Dang Gui Bu Xue Tang (Tangkuei Decoction to Tonify the Blood)
- 當歸六黃湯 Dang Gui Liu Huang Tang (Tangkuei and Six-Yellow Decoction)
- 當歸四逆湯 Dang Gui Si Ni Tang (Tangkuei Decoction for Frigid Extremities)
- 導赤散 Dao Chi San (Guide Out the Red Powder)
- 定喘湯 Ding Chuan Tang (Arrest Wheezing Decoction)
- 獨活寄生湯 Du Huo Ji Sheng Tang (Angelica Pubescens and Sangjisheng Decoction)
- 都氣丸 Du Qi Wan (Capital Qi Pill)
- 二陳湯 Er Chen Tang (Two-Cured Decoction)
- 二妙散 Er Miao San (Two-Marvel Powder)
- 二仙湯 Er Xian Tang (Two-Immortal Decoction)
- 二至丸 Er Zhi Wan (Two-Ultimate Pill)
- 防風通聖散 Fang Feng Tong Sheng San (Ledebouriella Powder That Sagely Unblocks)
- 復原活血湯 Fu Yuan Huo Xue Tang (Revive Health by Invigorating the Blood Decoction)
- 甘麥大棗湯 Gan Mai Da Zao Tang (Licorice, Wheat, and Jujube Decoction)
- 葛根黃芩黃連湯 Ge Gen Huang Lian Huang Qin Tang (Kudzu, Coptis, and Scutellaria Decoction)
- 葛根湯 Ge Gen Tang (Kudzu Decoction)
- 膈下逐瘀湯 Ge Xia Zhu Yu Tang (Drive Out Blood Stasis Below the Diaphragm Decoction)
- 固經丸 Gu Jing Wan (Stabilize the Menses Pill)
- 歸脾湯 Gui Pi Tang (Restore the Spleen Decoction)
- 桂枝茯苓丸 Gui Zhi Fu Ling Wan (Cinnamon Twig and Poria Pill)
- 桂枝芍藥知母湯 Gui Zhi Shao Yao Zhi Mu Tang (Cinnamon Twig, Peony, and Anemarrhena Decoction)



- 桂枝湯 Gui Zhi Tang (Cinnamon Twig Decoction)
- 槐花散 Huai Hua San (Sophora Japonica Flower Powder)
- 黃連阿膠湯 Huang Lian E Jiao Tang (Coptis and Ass-Hide Gelatin Decoction)
- 黃連解毒湯 Huang Lian Jie Du Tang (Coptis Decoction to Relieve Toxicity)
- 藿香正氣散 Huo Xiang Zheng Qi San (Agastache Powder to Rectify the Qi)
- 濟川煎 Ji Chuan Jian (Benefit the River (Flow) Decoction)
- 加減葳蕤湯 Jia Jian Wei Rui Tang (Modified Solomon's Seal Decoction)
- 加味逍遙散 Jia Wei Xiao Yao San (Augmented Rambling Powder)
- 膠艾湯 Jiao Ai Tang (Ass-Hide Gelatin and Mugwort Decoction)
- 金櫃腎氣丸 Jin Gui Shen Qi Wan (Kidney Qi Pill from the Golden Cabinet)
- 金鈴子散 Jin Ling Zi San (Melia Toosendan Powder)
- 金鎖固金丸 Jin Suo Gu Jing Wan (Metal Lock Pill to Stabilize the Essence)
- 橘皮竹茹湯 Ju Pi Zhu Ru Tang (Tangerine Peel and Bamboo Shavings Decoction)
- 蠲痺湯 Juan Bi Tang (Remove Painful Obstructions from *Awakening of the Mind in Medical Studies*)
- 理中丸 Li Zhong Wan (Regulate the Middle Pill)
- 良附丸 Liang Fu Wan (Galangal and Cyperus Pill)
- 涼膈散 Liang Ge San (Cool the Diaphragm Powder)
- 苓桂朮甘湯 Ling Gui Zhu Gan Tang (Poria, Cinnamon Twig, Atractylodis Macrocephalae and Licorice Decoction)
- 六君子湯 Liu Jun Zi Tang (Six Gentlemen Decoction)
- 六味地黃丸 Liu Wei Di Huang Wan (Six-Ingredient Pill with Rehmannia)
- 六一散 Liu Yi San (Six-to-One Powder)
- 龍膽瀉肝湯 Long Dan Xie Gan Tang (Gentiana Longdancao Decoction to Drain the Liver)
- 麻黃湯 Ma Huang Tang (Ephedra Decoction)



- 麻杏石甘湯 Ma Xing Shi Gan Tang (Ephedra, Apricot Kernel, Gypsum and Licorice Decoction)
- 麻子仁丸 Ma Zi Ren Wan (Hemp Seed Pill)
- 麥門冬湯 Mai Men Dong Tang (Ophiopogonis Decoction)
- 牡蠣散 Mu Li San (Oyster Shell Powder)
- 暖肝煎 Nuan Gan Jian (Warm the Liver Decoction)
- 平胃散 Ping Wei San (Calm the Stomach Powder)
- 普濟消毒飲 Pu Ji Xiao Du Yin (Universal Benefit Decoction to Eliminate Toxin)
- 杞菊地黃丸 Qi Ju Di Huang Wan (Lycium Fruit, Chrysanthemum and Rehmannia Pill)
- 羌活勝濕湯 Qiang Huo Sheng Shi Tang (Notopterygium Decoction to Overcome Dampness)
- 清胃散 Qing Wei San (Clear the Stomach Powder)
- 清骨散 Qing Gu San (Cool the Bones Powder)
- 青蒿鱉甲湯 Qing Hao Bie Jia Tang (Artemisia Annua and Soft-Shelled Turtle Shell Decoction)
- 清氣化痰丸 Qing Qi Hua Tan Wan (Clear the Qi and Transform Phlegm Pill)
- 清瘟敗毒散 Qing Wen Bai Du San (Clear Epidemics and Overcome Toxicity Decoction)
- 清營湯 Qing Ying Tang (Clear the Nutritive Level Decoction)
- 清燥救肺湯 Qing Zao Jiu Fei Tang (Eliminate Dryness and Rescue the Lungs Decoction)
- 人參敗毒散 Ren Shen Bai Du San (Ginseng Powder to Overcome Pathogenic Influences)
- 潤腸丸 Run Chang Wan (Moisten the Intestines Pill from *Master Shen's Book*)
- 三仁湯 San Ren Tang (Three Nut Decoction)
- 三子養親湯 San Zi Yang Qin Tang (Three-Seed Decoction to Nourish One's Parents)
- 桑菊飲 Sang Ju Yin (Mulberry Leaf and Chrysanthemum Decoction)
- 桑螵蛸散 Sang Piao Xiao San (Mantis Egg-Case Powder)
- 桑杏湯 Sang Xing Tang (Mulberry Leaf and Apricot Kernel Decoction)
- 少腹逐瘀湯 Shao Fu Zhu Yu Tang (Drive Out Blood Stasis in the Lower Abdomen Decoction)



- 芍藥甘草湯 Shao Yao Gan Cao Tang (Peony and Licorice Decoction)
- 芍藥湯 Shao Yao Tang (Peony Decoction)
- 參苓白術散 Shen Ling Bai Zhu San (Ginseng, Poria and Atractylodes Macrocephala Powder)
- 身痛逐瘀湯 Shen Tong Zhu Yu Tang (Drive Out Blood Stasis from a Painful Body Decoction)
- 生化湯 Sheng Hua Tang (Generation and Transformation Decoction)
- 生脈散 Sheng Mai San (Generate the Pulse Powder)
- 升麻葛根湯 Sheng Ma Ge Gen Tang (Cimicifuga and Kudzu Decoction)
- 十灰散 Shi Hui San (Ten Partially-Charred Substance Powder)
- 十脾飲 Shi Pi Yin (Bolster the Spleen Decoction)
- 十全大補湯 Shi Quan Da Bu Tang (All Inclusive Great Tonifying Decoction)
- 失笑散 Shi Xiao San (Sudden Smile Powder)
- 壽胎丸 Shou Tai Wan (Fetus Longevity Pill)
- 四君子湯 Si Jun Zi Tang (Four-Gentlemen Decoction)
- 四逆散 Si Ni San (Frigid Extremities Powder)
- 四逆湯 Si Ni Tang (Frigid Extremities Decoction)
- 四神丸 Si Shen Wan (Four-Miracle Pill)
- 四物湯 Si Wu Tang (Four-Substance Decoction)
- 蘇子降氣湯 Su Zi Jiang Qi Tang (Perilla Fruit Decoction for Directing Qi Downward)
- 酸棗仁湯 Suan Zao Ren Tang (Sour Jujube Decoction)
- 泰山磐石散 Tai Shan Pan Shi San (Powder that Gives the Stability of Mount Tai)
- 桃核承氣湯 Tao He Cheng Qi Tang (Peach Pit Decoction to Order the Qi)
- 天麻鉤藤飲 Tian Ma Gou Teng Yin (Gastrodia and Uncaria Decoction)
- 天台烏藥散 Tian Tai Wu Yao San (Top-quality Lindera Powder)
- 天王補心丹 Tian Wang Bu Xin Dan (Emperor of Heaven's Special Pill to Tonify the Heart)
- 調胃承氣湯 Tiao Wei Cheng Qi Tang (Regulate the Stomach and Order the Qi Decoction)
- 痛瀉藥方 Tong Xie Yao Fang (Important Formula for Painful Diarrhea)



- 完帶湯Wan Dai Tang (End Discharge Decoction)
- 葦莖湯Wei Jing Tang (Reed Decoction)
- 溫膽湯Wen Dan Tang (Warm the Gallbladder Decoction)
- 溫經湯 Wen Jing Tang (Warm the Menses Decoction)
- 五苓散Wu Ling San (Five-Ingredient Powder with Poria)
- 五皮散Wu Pi San (Five-Peel Powder)
- 五味消毒飲Wu Wei Xiao Du Yin (Five-Ingredient Decoction to Eliminate Toxin)
- 吳茱萸湯 Wu Zhu Yu Tang (Evodia Decoction)
- 香蘇散Xiang Su San (Cyperus and Perilla Leaf Powder)
- 小柴胡湯Xiao Chai Hu Tang (Minor Bupleurum Decoction)
- 小承氣湯Xiao Cheng Qi Tang (Minor Order the Qi Decoction)
- 消風散 Xiao Feng San (Eliminate Wind Powder from Orthodox Lineage)
- 小活絡丹Xiao Huo Lou Dan (Minor Invigorate the Collaterals Special Pill)
- 小薊飲子Xiao Ji Yin Zi (Cephalanoplos Decoction)
- 小建中湯Xiao Jian Zhong Tang (Minor Construct the Middle Decoction)
- 小青龍湯Xiao Qing Long Tang (Minor Blue-Green Dragon Decoction)
- 逍遙散Xiao Yao San (Rambling Powder)
- 瀉白散Xie Bai San (Drain the White Powder)
- 瀉黃散Xie Huang San (Drain the Yellow Powder)
- 瀉心湯Xie Xin Tang (Drain the Epigastrium Decoction)
- 杏蘇散Xing Su San (Apricot Kernel and Perilla Leaf Powder)
- 旋覆代赭湯Xuan Fu Dai Zhe Tang (Inula and Hematite Decoction)
- 血府逐瘀湯Xue Fu Zhu Yu Tang (Drive Out Stasis in the Mansion of Blood Decoction)
- 陽和湯Yang He Tang (Yang-Heartening Decoction)
- 一貫煎Yi Guan Jian (Linking Decoction)
- 茵陳蒿湯 Yin Chen Hao Tang (Artemisia Yinchenhao Decoction)



- 銀翹散 Yin Qiao San (Honeysuckle and Forsythia Powder)
- 右歸丸 You Gui Wan (Restore the Right (Kidney) Pill)
- 右歸飲 You Gui Yin (Restore the Right (Kidney) Decoction)
- 玉女煎 Yu Nu Jian (Jade Woman Decoction)
- 玉屏風散 Yu Ping Feng San (Jade Windscreen Powder)
- 越鞠丸 Yue Ju Wan (Escape Restraint Pill)
- 增液湯 Zeng Ye Tang (Increase the Fluids Decoction)
- 鎮肝熄風湯 Zhen Gan Xi Feng Tang (Sedate the Liver and Extinguish Wind Decoction)
- 真人養臟湯 Zhen Ren Yang Zang Tang (True Man's Decoction to Nourish the Organs)
- 真武湯 Zhen Wu Tang (True Warrior Decoction)
- 知柏地黃丸 Zhi Bai Di Huang Wan (Anemarrhena, Phellodendron and Rehmannia Pill)
- 炙甘草湯 Zhi Gan Cao Tang (Honey-Fried Licorice Decoction)
- 止嗽散 Zhi Sou San (Stop Coughing Powder)
- 豬苓湯 Zhu Ling Tang (Polyporus Decoction)
- 竹葉石膏湯 Zhu Ye Shi Gao Tang (Lophatherus and Gypsum Decoction)
- 左歸丸 Zuo Gui Wan (Restore the Left (Kidney) Pill)
- 左歸飲 Zuo Gui Yin (Restore the Left (Kidney) Decoction)
- 左金丸 Zuo Jin Wan (Left Metal Pill)



中药学参考书目

本內容綱要是準備考試的主要資料。本參考書目旨在為考生準備考試提供建議參考。其它祇要是涵蓋了本大綱內容的參考資料，考生也可以考慮使用。

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