

**NCCAOM ASA Town Hall**  
**2023 AHM DAY Celebration**  
October 24, 2023

Questions were submitted at the Town Hall

Questions were answered on November 1, 2023

[Town Hall recording](#)

## Table of Contents

Do we need to type our names anywhere or do you have an automatic record of our attendance? .....	3
Do I need to turn on video to get credit? .....	3
Where I can see the dashboard while the speaker is talking?.....	3
Is this event eligible for a California Acupuncture Board CEUs?.....	3
Why doesn't California recognize NCCAOM certification? .....	3
Is it possible to make an app for keeping track of all PDA related? .....	3
Can we submit pictures of AHM Day celebration events for PDA points? .....	3
Can we submit published articles for PDA Points? .....	4
How can I get involved with NCCAOM?.....	4
What does ASA stand for? .....	4
Beside the NCCAOM practice tests, what other sources of practice tests would you recommend for getting ready for NCCAOM Chinese Herbology exam? .....	4
Can Dr. Tu see the future of AOM being a large organization similar to the AMA? ..	4
What are Dr. Tu's most commonly prescribed "go to" TCM herbal formulas for American patients?.....	5
How can we bring TCM education uniform at a federal level? .....	5
Can all certified Diplomates use the Find a Practitioner Directory (FAP)? Even those who are employees or contractors? .....	5
Can you please share what you can about Kam Wah Chung?.....	5
Where can acupuncturists learn the details of current pending national legislation?	5

**Question:** Do we need to type our names anywhere or do you have an automatic record of our attendance?

**Answer:** All attendees must register for the town hall and join the event session via their specific link. Attendance is tracked by the system based on time in session for each specific attendee/link.

**Question:** Do I need to turn on video to get credit?

**Answer:** Attendees are not able and should not be turning their cameras on.

**Question:** Where i can see the dashboard while the speaker is talking?

**Answer:** The Zoom dashboard or toolbox is located at the bottom of Zoom window and allows attendees to ask questions:



**Question:** Is this event eligible for a California Acupuncture Board CEUs?

**Answer:** This event is eligible for NCCAOM PDA's. California Acupuncture Board (CAB) does not accept NCCAOM PDAs.

**Question:** Why doesn't California recognize NCCAOM certification?

**Answer:** This question should be addressed to the CA Acupuncture Board.

**Question:** Is it possible to make an app for keeping track of all PDA related?

**Answer:** The NCCAOM Certification System is device independent and works on cell phones and tablets.

**Question:** Can we submit pictures of AHM Day celebration events for PDA points?

**Answer:** Events held by NCCAOM Diplomates on AHM Day (October 24, 2023) are eligible for 2 PDA points. Please submit the event via the [AHM Day website](#).

You will also need to email photo proof of the event to [publicrelations@thenccaom.org](mailto:publicrelations@thenccaom.org). Once the submission and photos have been verified, we will add the PDA certificate and PDA points to the Diplomate's NCCAOM Certification Transcript.

**Question:** Can we submit published articles for PDA Points?

**Answer:** A maximum of ten (10) PDA points may be submitted for writing an acupuncture and/or herbal medicine article that is published. Five (5) PDA points may be submitted for each article with a maximum of two (2) articles per recertification cycle. The required documentation includes a copy of the article including the author's name, the cover of the newspaper or magazine, the publication date, and the article listed in the table of contents.

**Question:** How can I get involved with NCCAOM?

**Answer:** You can email NCCAOM at [info@thenccaom.org](mailto:info@thenccaom.org) and request to be connected with the volunteer manager. There are opportunities to volunteer on committees or to apply to serve on the Board of Commissioners. Also, definitely join your state association.

**Question:** What does ASA stand for?

**Answer:** [American Society of Acupuncturists](#) (ASA).

**Question:** Beside the NCCAOM practice tests, what other sources of practice tests would you recommend for getting ready for NCCAOM Chinese Herbology exam?

**Answer:** CH Exam Content Outline available on the [NCCAOM website](#). There are several companies on the market today that offer "NCCAOM Board Exam Practice Tests". We cannot approve/recommend any of them as we do not have any

**Question:** Can Dr. Tu see the future of AOM being a large organization similar to the AMA?

**Answer:** I would love to see our profession not only organized, but united together as one large organization as well, and I think that where our common interests are concerned, we are already doing that, i.e., on Medicare and dry needling for PTs. But we need to work on better co-ordination and co-operation to stress common goals and let go of minor differences to get there.

**Question:** What are Dr. Tu's most commonly prescribed "go to" TCM herbal formulas for American patients?

In my experience especially in cases of wellness maintenance almost all Americans suffer from Liver restraining Spleen, i.e., stress induced digestive challenges. Does Dr. Tu agree? And if so, or if not so, what common patterns does she most commonly encounter and what formulas (and suppliers(?)) does she most commonly prescribe?

**Answer:** I like to use Xiao Yao Wan for stress related problems. It is mild and gentle in calming the liver, while it nurtures the spleen and heart at the same time. For more intense cases of overacting liver, Zheng Gan Xi Feng Tang is one of the patent formulas that I prefer. I used quite a lot of Liu Wei Di Huang Wan (and its' complex formulas) and Bu Zhong Yi Qi Tang during my practice, because I find a lot of my patients were either Ying or Qi deficient.

**Question:** How can we bring TCM education uniform at a federal level?

**Answer:** We already have the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM) that is approved by the U.S. Department of Education. ACAHM sets the standards in the field of Acupuncture and Herbal Medicine in the United States.

**Question:** Can all certified Diplomates use the Find a Practitioner Directory (FAP)? Even those who are employees or contractors?

**Answer:** Practitioners who are employed or work as contractors can coordinate with their employer/owner. If approved, they can use the FAP by completing all necessary information about their practice and providing the employer's/owner's address and website.

**Question:** Can you please share what you can about Kam Wah Chung?

**Answer:** Built in 1865 as a trading post, this unique time capsule, unique in the world, became home to two Chinese immigrants, Ing "Doc" Hay and Lung On in 1888. Lung On was the general store proprietor and a businessman, while "Doc" Hay was a practitioner of herbal medicine. For over 60 years the building was a social, medical, and religious center for Oregon's Chinese community. Additionally, here is a video from PBS about Kam Wah Chung:

<https://www.pbs.org/video/oregon-experience-kam-wah-chung/>

**Question:** Where can acupuncturists learn the details of current pending national legislation?

Such as How to hold letter writing parties, how to compose a convincing letter to members of Congress, and the impact of those letters, sponsor another Acupuncture for Congress session, recruit volunteers to ensure MOC's & their staff experience.

**Answer:** The NCCAOM – ASA hosts Medicare Update Town Halls regularly. These events bring together thousands of practitioners and focus on keeping the AHM community informed about the progress of Medicare legislation. Additionally, the NCCAOM-ASA conducts smaller grassroots advocacy training sessions each year, providing practitioners with the information they need to effectively engage with their state representatives. Notably, the NCCAOM – ASA had a very successful Hill Day on May 16, 2023, during which 100 acupuncture practitioners provided treatment to over 150 Congressional staff and personnel and met with 60 Congressional offices about H.R. 3133.

The next "Medicare Update" Town Hall meeting is scheduled for November 8, 2023, at 8:00 PM EDT. You can register for this important event at:  
<https://www.nccaom.org/asa-nccaom-joint-webinar/>