



## *Cultural Competency within Clinical Healthcare and Administrative literacy*

### ***I want to know more about...***

...how to increase patient compliance across cultures: [The 4C's - Understanding Cultural Diversity In Healthcare](#) video, Galanti

...how to update my clinic's protocols to be effective at providing culturally competent communication and patient-and-family-centered care: [Advancing Effective Communication, Cultural Competence, and Patient-and Family-Centered Care](#) roadmap for hospitals, The Joint Commission

...anti-racist language and health practices to implement in response to COVID-19: [NCAPA COVID-19 Response Toolkit](#) PR toolkit, NCPA

...COVID-19 response practices that promote health equity: [Response Promising Practices in Health Equity II](#) video, Center for Disease Control

... root causes of health equity that professionals need to know: [Prioritizing Equity video series: The Root Cause & Considerations for Health Care Professionals](#) video series, American Medical Association

...racial and ethnic disparities in health care: [Unequal Treatment: Confronting Racial and Ethnic Disparities in Healthcare](#) study report, Institute of Medicine

... how to think about health equities: [Focus on Health Equity NOT Health Disparities](#) video, McTaggart & Powell

...what are the three levels of racism and how does racism impact the health and wellbeing of our nation: [Achieving Health Equity: Tools for a National Campaign Against Racism](#) video, Jones

....Traditional Chinese Medicine healing for effects of racism and legacy of slavery, [Using Acupuncture to Treat Racial Battle Fatigue and Post Traumatic Slavery Syndrome](#),original paper -Dandridge

.... the basics of trauma-informed care: [Key Ingredients for Successful Trauma-Informed Care Implementation](#) download, SAMHA

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**Updated on 10.17.2020**



...how to provide sensitive care to my LGBTQ+ patients: [Advancing Effective Communication, Cultural Competence, and Patient-and Family-Centered Care for the LGBT Community](#) field guide, The Joint Commission

... patient-centered care for Transgender people: [Patient-Centered Care for Transgender People: Recommended Practices for Health Care Settings](#) article, CDC

... how to build support for Latinx patients: [Building Support for Latino Families](#) video, Salud America

... Latin-American community and healthcare: [Cultural Competency the Key to Latino Health Policy](#) article, Journal of Hispanic Policy

... treating immigrant patients with cultural competency: [Treating Immigrant Populations-- Cultural Competence in Healthcare](#) article, Kitchen

... culturally competent healthcare for elderly American Indian and Alaska Native patients: [Culturally Competent Healthcare Fact Sheet](#) download, National Indian Council on Aging

... providing culturally competent care to First Nations patients: [Providing Culturally Competent Services for American Indian and Alaska Native Veterans to Reduce Health Care Disparities](#) journal, Am J Public Health

... findings of culturally competent suggestions for working with the Navajo population: [Occupational health nursing with Navajo workers. Providing culturally competent care](#) journal, Lusk & Holst

... understanding and providing culturally competent care for Middle Eastern patients: [Middle Eastern \(Arab/Chaldean\) Patient: A culturally relevant, culturally sensitive, and culturally competent approach](#) download, Khalifa

... generalized social cues when working with Middle Eastern patients: [Middle Eastern Patients](#) article, Understanding Cultural Diversity in Health Care

... care for undocumented patients: [Care for Undocumented Patients: Risk Management Considerations](#) download, Migrant Clinician

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... my right to protect my patient as a healthcare provider and immigration enforcement: [Health Care Providers and Immigration Enforcement](#) article, National Immigration Law Center

...how to communicate to patients utilizing cross-cultural communication strategies: [Think Cultural Health](#) Free online course: healthcare provider track, Department of Health and Human Services

...how to coordinate effective planning for language assistance in a clinic setting: [Think Cultural Health](#) Free online course: healthcare administrator track, Department of Health and Human Services

...the skills required to provide patients with culturally and linguistically appropriate services: [Think Cultural Health](#) Online course, Department of Health and Human Services

...cultural and linguistic services within American hospitals: [Hospitals, Language, and Culture: A Snapshot of a Nation](#) Report finding, Galvez & Wilson-Stronks

... dermatology of Asian skin: [The Asian Skin: A Reference Color Atlas of Dermatology](#) book, Leok

...pediatric dermatology of various skin types: [Pediatric Skin of Color](#) book, Duran-McKinster, Silverberg, & Tay

...photographic presentations of important skin disorders in the treatment of patients with skin of color: [Dermatology Atlas for Skin of Color 2014th Edition](#) book, Pandya & Jackson-Richards

... dermatological treatment of Black skin: [Atlas of Black Skin 1st ed. 2020 Edition](#) book, Moiin

... concise and detailed information regarding the complex cultural concerns, disease predispositions, and nuances of treating a patient of color: [Taylor and Kelly's Dermatology for Skin of Color 2/E 2nd Edition](#) book, Lim, Kelly, Taylor, & Serrano

...dermatological identification and treatment of diseases on patients with skin of color, living in high temperature climates: [Pigmented Ethnic Skin and Imported Dermatoses: A Text-Atlas Softcover reprint of the original 1st ed. 2018 Edition](#) book, Assaf, Orfanos, & Zouboulis

... a medical overview of cosmetic dermatology specifically for darker skin types: [Dermatoanthropology of Ethnic Skin and Hair 1st ed. 2017 Edition](#) book, Maibach & Vashi

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... the dermatological perspective of the care of ethnic hair: [Fundamentals of Ethnic Hair: The Dermatologist's Perspective 1st ed. 2017 Edition](#) book, Aguh & Okoye

... insights into diagnosis and treatment of skin and hair disorders in darker skinned patient populations: [Skin of Color: A Practical Guide to Dermatologic Diagnosis and Treatment 2013th Edition](#) book, Alexis & Barbosa

... cosmetic dermatology for skin of color: [Cosmetic Dermatology for Skin of Color 1st Edition](#), book Alam, Bhatia, Chan, Kundu, & Yoo

...comprehensive coverage of cutaneous diseases in Black people: [Dermatological Atlas of Black Skin \(Skin of Color\)](#) book, Bikowski & Connelly

...identification of the top dermatological conditions for patients with skin of color: [Clinical Cases in Skin of Color: Adnexal, Inflammation, Infections, and Pigmentary Disorders \(Clinical Cases in Dermatology\) \(2015-12-04\)](#) book, Love & Kundu

### *Cultural Competency and Post-Secondary Education:*

#### ***I want to know more about...***

...how to create inclusive care and education in academic medicine: [The Priority of Intersectionality in Academic Medicine](#) journal, Eckstrand, Eliason, St.Cloud & Potter

...how to check and understand my own biases as an educator and facilitate a culturally sensitive classroom: [Case Studies on Diversity and Social Justice Education](#) book, Gorski & Pothini

...how to facilitate cultural sensitivity as a university administrator : [Multicultural Competence in Student Affairs](#) book, Mueller, Pope, & Reynolds

...how to facilitate learning in a culturally responsive way: [Culturally Responsive Teaching and The Brain: Promoting Authentic Engagement and Rigor Among Culturally and Linguistically Diverse Students](#) book, Hammond

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...resources for creating an inclusive school community: [Teaching Tolerance](#) Free classroom and professional development resources, A Project of the Southern Poverty Law Center

... how to respond to COVID racism: [Teaching Tolerance](#) article, Teaching Tolerance Staff

... anti-asian racism, COVID-19, and the virtual campus: [\[WEBINAR\] Anti-Asian Racism and COVID 19: A Teach-In](#) webinar, PEN America

...anti-racist language and health practices to implement in response to COVID-19: [NCAPA COVID-19 Response Toolkit](#) PR toolkit, NCPA

...how to update my clinic's protocols to be effective at providing culturally competent communication and patient-and-family-centered care: [Advancing Effective Communication, Cultural Competence, and Patient-and Family-Centered Care](#) roadmap for hospitals, The Joint Commission

... care for undocumented patients: [Care for Undocumented Patients: Risk Management Considerations](#) download, Migrant Clinician

### *Peer Support in Post-Secondary Education:*

#### ***I want to know more about...***

...how to report an ethics violation: [NCCAOM Ethics and Disciplinary Committee](#) reporting information, NCCAOM

... how Title IX protects me and my peers at school: [Department of Education Title IX](#) FAQ , Office of Civil Rights

...how to file a Title IX report if my school is unresponsive: [Department of Education: Title IX](#) online reporting form, Office of Civil Rights

... my religious rights as a student: [Know Your Rights](#) download-- multiple languages, Council on American-Islamic Relations

### *Anti-Racism for Healthcare Providers*

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***I want to know more about...***

... what is racism: [RACISM 101](#) download, Showing Up For Racial Justice

... the vocabulary of racism in healthcare: [Language matters](#) article, Aspinall

... how racial bias in healthcare impacts patient's outcomes: [Implicit Racial/Ethnic Bias Among Health Care Professionals and Its Influence on Health Care Outcomes: A Systematic Review](#) article, Journal of Public Health

... health inequities in America: [Structural racism and health inequities in the USA: evidence and interventions](#) article, Bailey, Basset, Krieger, & Graves

...racial inequalities in health across a range of biological systems: ["Weathering" and Age Patterns of Allostatic Load Scores Among Blacks and Whites in the United States](#) article, American Public Health Association

...why it's hard for white people to talk about racism: [White Fragility](#) book, DiAngelo, PhD

... how does white privilege manifest in daily American life: [White Privilege: The Persistence of Racial Hierarchy in a Culture of Denial](#) book, McTaggart & O'Brien

...how do I contribute to white supremacy: [Me and White Supremacy](#) book, Saad

... how to be anti-racist: [How to be an Anti-Racist](#) book, Kendi

... what does an anti-racist provider look like: [What Is an Anti Racist Therapist? \[The Surprising Mental Health Benefits\]](#) video, MedCircle

... the rise in anti-Asian racism during this COVID-19 pandemic and how we can educate ourselves and work together to combat systemic racism: [Anti-Asian Racism and Covid-19](#) article, Ho

...how to engage in anti-racism as an Asian, or as the parent of an Asian child: [Anti-Racism Kit](#) newsletter and resources, FAR-NEAR Media

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... racial justice in America: [Asian American Tool Kit](#) toolkit : Lin & Lu

... anti-racism of Iranian culture: [Iranian Culture](#) article, Culture Atlas

### *Gender, Sexuality, and Clinical Care:*

#### ***I want to know more about...***

... gender and advanced human sexuality within the framework of Traditional Chinese Medicine: [Gender and Sexuality in Chinese Medicine: The Merging of Yin and Yang](#) book, Lumenello

...how to provide sensitive care to my LGBTQ+ patients: [Advancing Effective Communication, Cultural Competence, and Patient-and Family-Centered Care for the LGBT Community](#) A field guide, The Joint Commission

... the basics of sex and gender: [Sex and Gender Identity](#) article, Planned Parenthood

... the gender spectrum: [Understanding Gender](#) article, Gender Spectrum

### *Impact of Trauma:*

#### ***I want to know more about...***

...how trauma is held in the body: [The Body Keeps Score](#) book, Van Der Kolk, MD

...how experiencing racism is imprinted on the body: [My Grandmother's Hands: Radicalized Trauma and the Pathway to Mending Our Hearts and Bodies](#) book, Menakem

... how racism results in illness: [How Racism Makes People Sick](#) interview, Jones

...the impact of racism on mental health: [The Mental Health Risks of Discrimination & Racism \[What You Should Know\]](#) video, MedCircle

... the treatment of substance abuse in TCM: [Fighting Drug Abuse With Acupuncture](#) book, Mitchell

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... the basics of trauma-informed care: [Key Ingredients for Successful Trauma-Informed Care Implementation](#) download, SAMHA

### *Political and Historical Healthcare:*

#### ***I want to know more about...***

...root causes of health equity in the US: [Prioritizing Equity video series: The Root Cause](#) video series, American Medical Association

... the history of medicine in the US and how ideas about health, pain tolerance, and race influence patient-doctor relationships: [Medical Bondage](#) book, Owens

... the U.S. House Resolution 908 condemning all forms of Anti-Asian sentiment as related to COVID-19: [116th Congress](#)

... the history of anti-Asian racism in the US: [2020: Teachable moment in fight against anti-Asian, anti-Black racism](#) article, Smith

... the Chinatown turf war: [The Chinatown War: Chinese Los Angeles and the Massacre of 1871](#) book, Zesch

...how the Young Lords challenged political disparities: [The Young Lords: A Radical History](#) book, Fernandez

... the Lincoln Detox Center: [The Lincoln Detox Center](#) Interview, Porzig

... the Young Lords and Lincoln Hospital: [How the Young Lords Took Lincoln Hospital, Left a Health Activism Legacy](#) article, Blanchard

...know more about the story of Dr. Mutulu Shakur, the Black Panthers and the Young Lord's efforts to combine community health and radical politics to create the first acupuncture detoxification center: [Dope is Death](#) facebook page, EyeSteelFilm

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...the history of a revolutionary drug clinic reverberates through to contemporary notions of health and care: [The People's Detox](#) documentary trailer, Bliss

...a history of the NADA protocol: [The Lincoln Story: Excerpts from Fighting Drug Abuse with Acupuncture](#) article, Mitchell

... my right to protect my patient as a healthcare provider and immigration enforcement: [Health Care Providers and Immigration Enforcement](#) article, National Immigration Law Center

... your rights as a protestor: [Know Your Rights](#) article, Council on American-Islamic Relations

### *Intervention:*

#### ***I want to know more about...***

... cultural competency interventions in health and health care: [Defining Cultural Competence: A Practical Framework for Addressing Racial/Ethnic Disparities in Health and Health Care](#) article, Ananeh-Firempong, Betancourt, Carrillo, & Green

... how to address my own implicit bias: [Undoing Implicit Bias](#) workshop, iHollaback!

... what is bystander intervention: [iHollaBack!](#) Download, iHollaback!

...conflict de-escalation in the workplace: [iHollaback!](#) workshop, iHollaback!

...sexual harassment laws in my state: [iHollaBack!](#) online training, iHollaback!

... how to stand up against street harassment: [iHollaBack!](#) online training, iHollaback!

... how to foster anti-bias practices with children: [Anti-Bias Education](#) book, Derman-Sparks & Olsen

...how to respond to racism and xenophobia related to COVID-19: [COVID-19 Resources to Stand Against Racism](#) resource guide and downloads, Asian Americans Advancing Justice

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...how to stop anti-Asian-American and xenophobic harassment: [iHollaback!](#) online bystander intervention training, iHollaback!

... how to stop LGBTQ harassment: [iHollaback!](#) online training, iHollaback!

### *Reporting:*

#### ***I want to know more about...***

...how to report an ethics violation: [NCCAOM Ethics and Disciplinary Committee](#) Reporting information, NCCAOM

...how to respond if you're the victim of a hate crime: [Know Your Rights](#) download-- multiple languages, Council for American-Islamic Relations

...how to report and view the tracking of hate crimes and discrimination against the Asian American Community: [Stand Against Hatred](#) Online reporting form and tracking system, Asian Americans Advancing Justice

... how to report microaggressions, bullying, and hate crimes for documentation purposes: [Stop APPI Hate Reporting Center](#) online reporting center, Asian Pacific Policy Planning Council

### *Acupuncture Medicine Day 2020 Panlists:*

#### ***I want to know more about...***

...Afua Bromley, MSOM LicAc [St. Louis Acupuncture](#)

... Li Ming Tseng, MAcOM, LicAc [American Society of Acupuncturists](#)

... Ninocka McTaggart, PhD [Don't Believe the Hype: Gender and Interracial Relations Between Asian Americans and Blacks in Hip-Hop](#)

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- ... Nadine Ijaz, PhD [Publications List](#)
- ... Joseph Acquah, OMD LicAc [Practitioner Profile](#)
- ...Zaid Haynes, AP [Linkedin](#)
- ... Cissy Majebe, OMD [Traditions Acupuncture Foundation](#)
- ... Misha Cohen, OMD [Quan Yin HIV Healing Project](#)
- ... Rhonda Sapp, DOM LicAc [Penn North](#)
- ...Richard Mandell, LicAc [Global Acupuncture Project](#)
- ... Jose Santini [Proyecto Salud y Acupuntura para el Pueblo](#)
- ... Laurie Melrood, LMSW [Guatemala Acupuncture and Medical Aid Project](#)
- ... Catherine Lumenello, LicAc [Gender and Sexuality in Chinese Medicine](#)
- ... Eutimia Cruz Montoya, LicAc [Muse Medicina](#)
- ...Safiya McCarter, ND, LAc [Business Profile](#)

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