



## Self-Directed Learning Report for a Research Journal Article or Book Review

<p>The objective of the self-directed learning activity is to demonstrate an understanding and to reflect on the journal/book's content to utilize the information gained in the practitioner's AOM practice. If needed, attach additional pages.</p>		
<p>Please complete the information below and upload this form to your NCCAOM Recertification Transcript.</p>		
Name:	NCCAOM ID#:	Date:
Title of Journal:		Volume #:
Title of Journal Article:		
Author(s):		
Topic(s) (OM, AC, CH, BIO, Integrative Therapies):		
OR		
Title of Book:		Copyright Date:
Author(s):		ISBN #:
Topic(s) (OM, AC, CH, BIO, Integrative Therapies):		
Results of the Review - KEY POINTS		
<p>What are the key points in this article/book?</p>		
<p>Describe the relevance of the key points to your role as a practitioner.</p>		
Results of the Review - ANALYSIS		
<p>What new insights/discoveries have you made related to the content of this article/book?</p>		
<p>How specifically will you be able to use this information and knowledge to improve or enhance your practice and learning in terms of approaches, strategies, methods, techniques, etc.:</p>		
<p>Based on the content of this article/book, what additional information could you seek to expand your knowledge?</p>		