

**Acupuncture Medicine Cultural Competency Town Hall
Resource List
August 19, 2020
CulturalCompetency@theNCCAOM.org**

Kira Banks, PhD

 @DrKiraBanks

<http://kirabanks.com/>

[Raising Equity](#)

Youtube Channel for Raising Equity. Series that will explore what it looks like to raise kids who can create an equitable world. On purpose. Intentionally.

NY Times, Call a Thing a Thing, Charles M. Blow July 8, 2020

https://www.nytimes.com/2020/07/08/opinion/racism-united-states.html?fbclid=IwAR1IQZ1vDeIOP_oQp-DF8gKOpGWLwhs3yVuIO_243yOIMGbTBfSh1xYRH2U

Bryant-Davis, T. (2007). Healing Requires Recognition: The Case for Race-Based Traumatic Stress. *The Counseling Psychologist*, 35(1), 135–143.

<https://doi.org/10.1177/0011000006295152>

Mamta Dadlani; Christopher Overtree; Maureen Perry-Jenkins (2012). Culture at the Center: A Reformulation of Diagnostic Assessment; *Professional Psychology: Research and Practice*. 43(3):175–182 DOI: 10.1037/a0028152

Ninotchka McTaggart, PhD

White Privilege: The Persistence of Racial Hierarchy in a Culture of Denial

January 15, 2020

by Ninotchka McTaggart (Author), Eileen O'Brien (Author)

Geena Davis Institute Gender in Media

SOCIAL JUSTICE TEACH IN VIDEO: [Why Social Movements Matter](#)

Dr. Ninotchka McTaggart and Caroline Heldman presented a brief history of social movements and an analysis of the #BlackLivesMatter movement today.

[Social Justice Teach In Resources](#)

McTaggart, Ninotchka & O'Brien, Eileen. (2017) Seeking Liberation, Facing Marginalization: Asian Americans and Pacific Islanders' Conditional Acceptance in Hip-Hop Culture. *Sociological Inquiry*, 87(4), 634-658. <https://doi.org/10.1111/soin.12173>

Articles on weathering:

Geronimus, A. T., Hicken, M., Keene, D., & Bound, J. (2006). "Weathering" and age patterns of allostatic load scores among blacks and whites in the United States. *American journal of public health*, 96(5), 826–833.

<https://doi.org/10.2105/AJPH.2004.060749>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1470581/>

Forrester, S., et al. (2019) Racial differences in weathering and its associations with psychosocial stress: The CARDIA study. *SSM - Population Health* Volume 7. <https://doi.org/10.1016/j.ssmph.2018.11.003>

<https://www.sciencedirect.com/science/article/pii/S2352827318302246>

Safiya McCarter, ND, L.Ac.

 @DrSafiyaND

U.S. Dept. of Health and Human Services, Heckler, Margaret. *Report of the Secretary's Task Force on Black & Minority Health* Publication: Washington, D.C. [1985-1986]

<https://collections.nlm.nih.gov/catalog/nlm:nlmuid-8602912-mvset>

Institute of Medicine (US) Committee on Understanding and Eliminating Racial and Ethnic Disparities in Health Care, Smedley BD, Stith AY, Nelson AR, eds. *Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care*. Washington (DC): National Academies Press (US); 2003.

<https://www.nap.edu/catalog/12875/unequal-treatment-confronting-racial-and-ethnic-disparities-in-health-care>

Hoffman KM, Trawalter S, Axt JR, Oliver MN. *Racial bias in pain assessment and treatment recommendations, and false beliefs about biological differences between blacks and whites*. *Proc Natl Acad Sci U S A*. 2016;113(16):4296-4301.

doi:10.1073/pnas.1516047113

Colen, C. G., Ramey, D. M., Cooksey, E. C., & Williams, D. R. (2018). *Racial disparities in health among nonpoor African Americans and Hispanics: The role of acute and chronic discrimination*. *Social science & medicine* (1982), 199, 167–180.

<https://doi.org/10.1016/j.socscimed.2017.04.051>

Chae, D. H., Wang, Y., Martz, C. D., Slopen, N., Yip, T., Adler, N. E., Fuller-Rowell, T. E., Lin, J., Matthews, K. A., Brody, G. H., Spears, E. C., Puterman, E., & Epel, E. S. (2020). *Racial discrimination and telomere shortening among African Americans: The Coronary Artery Risk Development in Young Adults (CARDIA) Study*. *Health psychology : official journal of the Division of Health Psychology, American Psychological Association*, 39(3), 209–219. <https://doi.org/10.1037/hea0000832>

McCartney G, Popham F, McMaster R, Cumbers A. *Defining health and health inequalities*. *Public Health*. 2019; 172:22-30.doi:10.1016/j.puhe.2019.03.023

Additional Resources

Fighting Drug Abuse With Acupuncture: The Treatment That Works
Ellinor R. Mitchell (Author)
Pacific View Pr; First Edition (November 1, 1995)

Substance abuse costs the U.S. \$237 billion a year, and since imprisoning offenders and cutting off the supply have not worked against it all that well, most knowledgeable people now emphasize treatment. Lincoln Detox--the Acupuncture Clinic, Substance Abuse Division, Lincoln Medical and Mental Health Center in the South Bronx, that is--has pioneered the treatment of drug abuse with acupuncture, a practice begun by chance in Hong Kong in 1971. Acupuncture, especially of points in the ear, is proving to be of great help. Mitchell devotes much of this book to the daily operations of Lincoln Detox and the attitudes of its administrators, staff, and patients. Lincoln's clinic is a serene place, staffed by trained acupuncturists and those who have gone through National Acupuncture Detoxification Association programs and visited regularly by patients who take some part in their treatment. Mitchell describes similar work elsewhere in New York City, in Florida, and in Oregon to round out an optimistic book on a subject generally enveloped in pessimism.

THE PEOPLE'S DETOX

Directed by Jenna Bliss (2018). *The People's Detox* is a contemplative look at how the history of a revolutionary drug clinic reverberates through to contemporary notions of health and care. In November 1970, Lincoln Hospital in the South Bronx was taken over through the collective organizing of local heroin addicts, revolutionary health organizations, the Young Lords, members of the Black Panther Party as well as other organizations. Through political education, the clinic examined the role of global politics in the influx of heroin into urban centers as well as the economic incentives of the

established protocols for drug treatment. With the introduction of acupuncture as an aid in detoxification, eventually replacing pharmaceutical treatments, it was not only the walls of the hospital that were breached but the very apparatus of addiction and recovery.

Trailer: <https://vimeo.com/341447087>

DOPE IS DEATH

Directed by Mia Donovan (2020)

[Dope is Death](#) is the story of how Dr. Mutulu Shakur along with fellow Black Panthers and the Young Lords combined community health and radical politics to create the first acupuncture detoxification clinic in America.